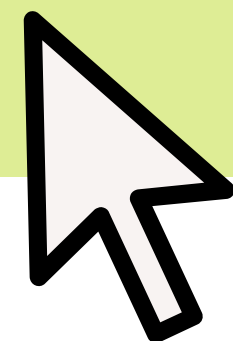


# EMPATHY OPENS THE DOOR

YOUTH EXCHANGE 8- 16 NOVEMBER



Erasmus+

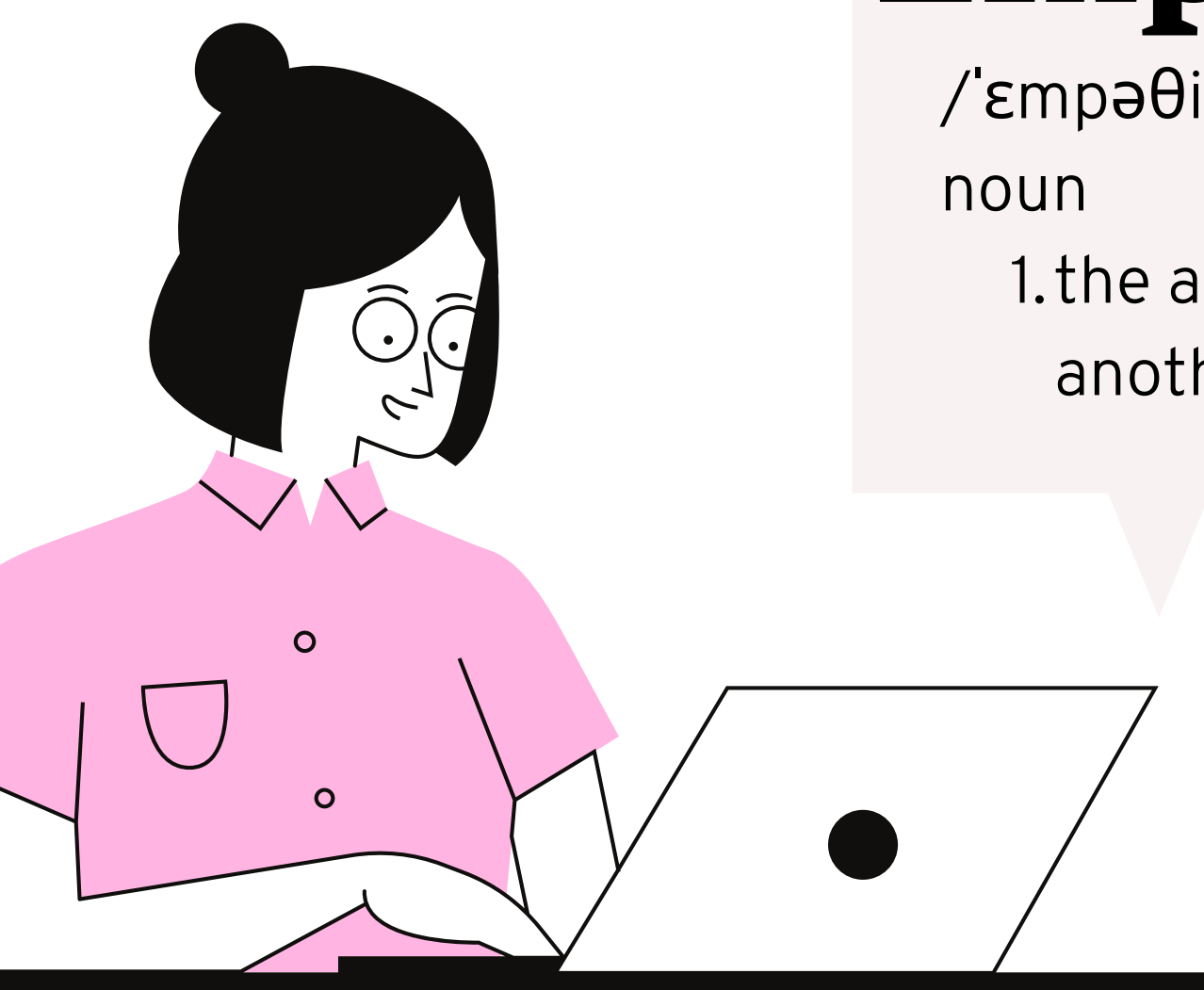


## Empathy

/ˈɛmpəθi/

noun

1. the ability to understand and share the feelings of another.



As the title of our third project can mean various things, we focus on reducing bullying in our social surroundings through finding working solutions for that problem.

That is why the group of Georgia, Portugal & Hungary has joined us here in the Caribbean to handle this serious topic. For this project we wanted everyone to feel inclusive, integrated and heard!

These sort of projects is not only about working on the topic but is also about sharing each other's cultures, that is what makes the week enjoyable and we can understand each other better. This time around we had 4 different countries from all different part of the globe.

Portuguese team gave us 'saudade', Hungarians taught us one of the most unifying dances, Georgians made us laugh and Curaçao team was happy to host these incredible teams.

For this project culture also plays a big role because having Empathy can mean different things for different countries. We all come from different backgrounds where our past defines our future and who we are right now- not only as a country but also as the people we are. Empathy comes in all sort of shape and form and by coming together we can become stronger, understand and learn.





As the years progresses we look for more ways to promote each project not only for ourselves but to show locals what each projects has to offer. This time around every participant went into diverse groups to come with ideas for promotion. Posters, steps to confront a bully and our own song 'together' was made.

## P!NK EVENT

is an international anti-bullying event held annually during the second week of April where everyone must wear pink shirts to work and school.

We wanted to include this into the project since it's an important event worth celebrating to bring awareness.

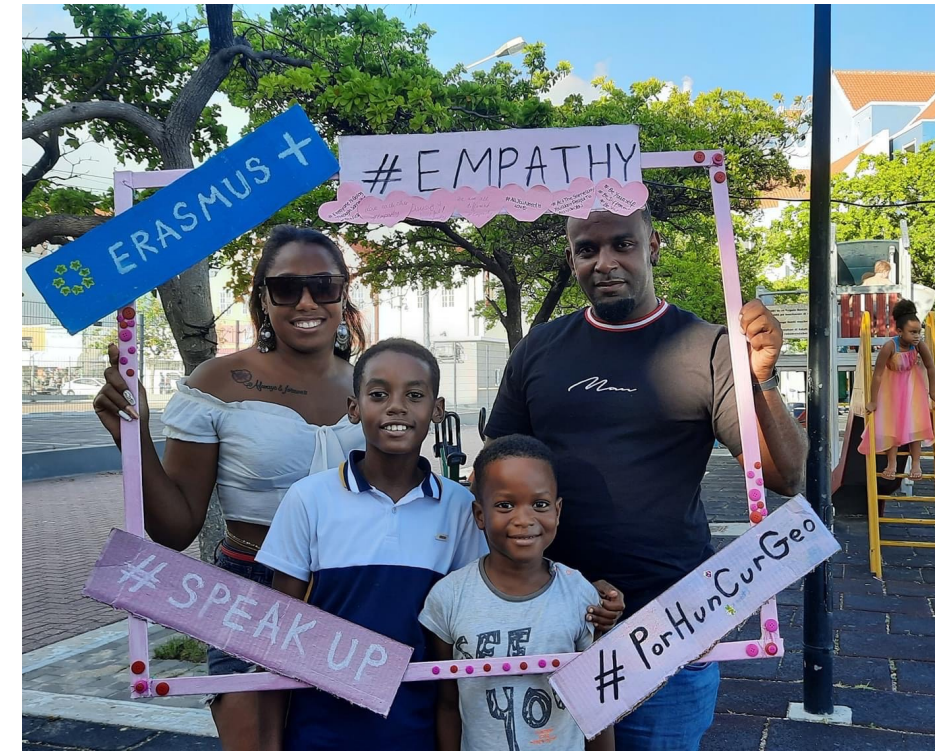
The day started with dividing the groups in all sort of groups of activities they want to create to raise awareness. In the morning of Saturday 13th local kids came to the accommodation to learn all about Empathy. They made individuals bookmarks to feel included, inform them about the topic and we started a hashtag trend on social media by painting important # on the hand related to anti- bullying messages and Empathy.

Later in the day we got the help of one of our local artists Ashley Mauricia said who gave us a wall the paint in the city where the group full filled it with encouragement messages, and beautiful paintings. The other half of the group went to raise awareness in the city of Willemstad, they talked with locals about what Empathy means to them and also took pictures with a picture frame in the support of anti- bullying.





This was a beautiful week, filled with enjoyment, fun, and deep moments connection!



Learning how to write and create our own Youth Exchange project



Cup exchange; each participants had to bring a cup which represents their culture to exchange with other participant.

